



## Contact Information


Phone: 412-215-2101

Email: [revolutionvbp@gmail.com](mailto:revolutionvbp@gmail.com)

Website: [www.revolutionvolleyball.org](http://www.revolutionvolleyball.org)

Follow us on social media

 Revolution Volleyball Club

 @revolution\_volleyball\_club

## REVOLUTION Clinics

Revolution Volleyball Club is excited to host a series of clinics for athletes throughout this upcoming fall. Our clinics are for athletes who are new to the sport as well as experienced in the game. The Revolution clinics will provide the opportunity for athletes to build a strong foundation of skills, refine skills, develop volleyball intelligence, and learn team concepts and movements. For those athletes and their families who are interested in competing on a Revolution team during the 2021-2022 club season, our clinics will provide an opportunity to experience our Revolution training culture and environment. Revolution Volleyball Club will be looking to field competitive teams this season ranging in age from 12s to 18s.



Revolution clinics will have a maximum capacity for 60 athletes. Each clinic will target position specific areas of the game (see clinic titles). Athletes will work on these skills with a focus on technique, footwork and body position. Athletes will be grouped appropriately on the courts during the camp session.



## WHO WE ARE

### Revolution Volleyball Club

is a youth sports program offering high-level training and competition to athletes in and around Pittsburgh. The club was formed in 2007 and has developed into one of the most competitive clubs on the East Coast. Throughout the past 15 seasons, multiple Revolution teams have qualified for USAV Nationals, and over 130 Revolution athletes have gone on to compete at the collegiate level. Our purpose is to build up the hearts, minds and bodies of young people. The club has earned a reputation for training skilled, smart, and hardworking athletes. The club prides itself in developing players in four distinct areas that we call the Four Pillars: athleticism, skill, IQ, and intangibles.

**Our Staff** of veteran coaches brings a wealth of knowledge to the gym and an attention to detail that is unmatched. Coach Dan Labonte, Coaches Heidi and Brian Miller, Coach Meghan Lucas, along with other Revolution members of staff, bring many years of combined experience and success as coaches and former players. Many of our Rev coaches have children of their own that they have helped grow from developmental players into confident and skilled high school athletes. The Staff is looking forward to bringing our training methods to you!

# REVOLUTION VOLLEYBALL CLUB



Use the following Google form link to register today!

[https://forms.gle/  
u4NQpM4996YkTEg86](https://forms.gle/u4NQpM4996YkTEg86)

There will be a cap of 60 athletes for each session. Please sign up quickly to ensure your spot! The form link will list any sessions that are filled. We ask that you be considerate of this cap and refrain from cancellations once registered. If you need to change your registration, please email Heidi Miller at [revolutionvbp@gmail.com](mailto:revolutionvbp@gmail.com).

**All participants will receive a Revolution T-shirt at the first clinic they attend!**

## Clinic Details

**Who:** Girls entering grades 5 -12. There will be a court specifically for 5th and 6th grade girls with a lower net and Lite volleyballs.

**Sessions:** Please refer to session titles to see what skills will be focused on

**Setting, Serving, and Defense**  
August 29: 1:00pm-2:45pm

**Passing and Attacking**  
September 12: 1:00pm-2:45pm

**All Skills Key Concepts**  
September 26: 1:00pm-2:45pm

**Setting, Serving, and Defense**  
October 3: 10:15am-12:00pm  
(repeat of August 29th session)

**Passing and Attacking**  
October 17: 10:15am-12:00pm  
(repeat of September 12th session)

**Location:** Grit Athletix

**Address:** 2920 McKelvey Rd  
Pittsburgh, PA 15221

**Cost:** \$60 for the first session, \$50 for any subsequent sessions you sign up for

Please make checks payable to:  
*Revolution Volleyball*

Mail to: Heidi Miller, 9524 Anderson Rd,  
Pittsburgh, PA, 15237.

Payment can also be made at the clinic, and we will accept Venmo payments at the door.



# REVOLUTION VOLLEYBALL CLUB



**Revolution Volleyball Club holds membership in the Keystone Region of USA Volleyball, Junior Volleyball Association (JVA) and Amateur Athletic Association (AAU)**